

FINDING HELP GIVING HOPE

LIVING & WORKING IN RECOVERY



2023
ADDICTION TREATMENT SERVICES
ANNUAL REPORT

We imagine a healthy community where stigmas around addiction don't exist and every chance at recovery is met with understanding and support.

FOSTERING COMMUNITY
FOSTERS HOPE

OUR MISSION

To promote the overall health, wellness, and recovery of individuals impacted by substance use and behavioral health issues by meeting the treatment needs of our clients and community.

HOPE HAPPENS HERE

For over 40 years, Addiction Treatment Services has extended compassion and care to our neighbors with substance dependencies so they can maintain a healthy, recovery lifestyle. We've always believed that if we can promote hope — and meet every person with the dignity and respect they deserve — we can build a stronger community, one recovery at a time.

Today, in the midst of the country's opioid epidemic, our mission has never been more vital. We're feeling the effects of addiction much closer to home and, with that, comes opportunities for understanding and empathy. We'll never stop sharing addiction education and working with our community partners to reduce the stigma associated with substance use disorder and its struggles.

Looking ahead, we've got ambitious plans for the future. With a bold strategic plan, we've got our sights set on becoming the region's leader in treatment and recovery.

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Friends!

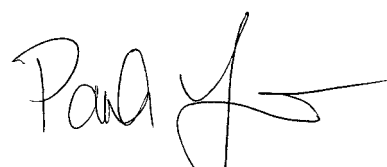
It's been an eventful journey for Addiction Treatment Services over the past few years! We've achieved significant milestones, including the reopening of our women's residential facility, Phoenix Hall, with an innovative twist—allowing women to bring their children along for their recovery journey. Additionally, we've launched our mobile unit, extending access to ATS services in Antrim, Kalkaska, Wexford, Leelanau, Benzie and Manistee Counties.

Collaborating with the Quick Response Team, led by the Traverse City Police Department and various community partners, has been instrumental in our mission to combat substance use disorders. In 2022, we experienced a leadership transition when our esteemed CEO, Chris Hindbaugh, embarked on a new opportunity, leading to my promotion within the organization.

Despite the challenges posed by the COVID-19 pandemic, our agency has remained resilient, recognizing that the enduring pandemic of substance use disorders requires our unwavering dedication. We extend our deepest gratitude to our donors for their continued support.

Remember, where there's hope, there's healing.

Hope happens here at Addiction Treatment Services.



Paula Lipinski

EXECUTIVE TEAM

Paula Lipinski
Chief Executive Officer

Mark Patrick
Chief Operations Officer

Dave Andrews
Chief Financial Officer

Dr. Rachel Plum
Medical Director,
Board Certified Psychiatrist

Julie Moore, PA-C
Executive Director
of Health Services

Susan Connor-Herrera
Chief Clinical Officer

Krysteena Burfield
Chief Program Officer

Emmy Hendry
Chief Quality Officer




Hope Happens Here. It is still amazing after all these years how three simple words can have such an incredible impact. Some of our most vulnerable community members turn to Addiction Treatment Services in times of uncertainty and hope is what happens when they encounter that first friendly voice on the phone or the smile they are greeted with when they

walk in the door. Hope is what happens when they realize they aren't alone. Hope is a feeling that engulfs a person when they are surrounded by amazing individuals committed to walking alongside them and letting them know they are seen and heard.

In the last few years as Board President, I have been able to watch ATS become the voice of advocacy for the recovery community, not only in Traverse City but for all of northern Michigan. The talented team at Addiction Treatment Services has cared for more individuals over the last year than at any other time in the organization's history by offering the community a growing and diverse range of services and commitment to individualized treatment plans. Relationships matter in northern Michigan. The ATS leadership team continues to strengthen partnerships with local schools, law enforcement, healthcare providers, local governments, non-profits, and businesses. The overwhelming community support drives all of us associated with the organization. As we continue to evolve as a healthcare organization, one thing will always remain true. Addiction Treatment Services will be an organization where anyone looking for the hope of a better tomorrow may turn.

On behalf of the Addiction Treatment Services Board of Directors, thank you for your endless support and commitment to this important work. Your advocacy matters and will impact generations to come.

With endless gratitude,



Jeremy Cannon

BOARD OF DIRECTORS

Jeremy Cannon
Board President

Carrie Ullery-Smith
Secretary

Spencer Silk
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Liz Blume

Gabe Janowiak

Justin Marcum

Doug Spence, MD

Mallory Szczepanski

OUR STORY

While there is no community immune to the effects of addiction, ours is one ready to tackle the issue. At Addiction Treatment Services, we face addiction head on – without stigma and without shame. We meet clients where they are and provide compassionate solutions that inspire hope and promote recovery.

Knowing no two people are the same, we tailor our programs to each client so that we can best serve their unique physiological, emotional, and social needs. We use evidence-based strategies to confront past issues or traumas and start building alternatives to a dependent lifestyle. By valuing the diversity, beliefs, triumphs, and obstacles of each individual – and leaning on the support of our community – we offer a chance for holistic healing and a positive vision for the future.

While not every path to recovery is the same, there is a path for everyone at Addiction Treatment Services.



MEETING YOU WHERE
YOU ARE IN YOUR RECOVERY.

OUR SERVICES

DETOX
For many ATS clients, freeing their bodies of addictive substances is the first step towards a successful recovery.

RESIDENTIAL TREATMENT
Gender-specific residents learn and live together to understand underlying causes of addiction.

RECOVERY HOMES
Long-term recovery is supported by continued structure in safe and sober transition environments.

OUTPATIENT SERVICES
Former residential clients are given the tools to succeed, knowing that recovery is a journey – not a goal.

TREATMENT GROUPS
We offer extension groups in trauma recovery, anger management, personal growth, relapse prevention, and more. You may enroll in any treatment group during or outside of other ATS programs.

ASSESSMENTS
Get treatment recommendations, set up a consultation, seek testing, and more. You don't have to be enrolled in an ATS program or other service to explore our assessment options.

THERAPY/COUNSELING
If you're looking for a more intensive treatment plan that continues as you move on in your recovery and engage with your community, we work with you to set a program and schedule that fits.

- ATS ALSO OFFERS:**
- Safe Syringe Access
 - Acupuncture Services
 - Peer Support Services
 - Community Resource Center
 - Case Management
 - 12 Step Traditional Meetings
 - Multiple Pathway Meetings





ADAM'S STORY

My journey with substance use disorder spanned nearly 15 years of my life and involved jails, institutions, homelessness, unemployment, loss of relationships with family and friends and many unintended health and social consequences; some of which I am still trying to rectify to this day. After more than a dozen times in treatment, I felt defeated and was dealing with the diminished ability to deal with life on its own terms and the only consequences I had left to face because of my addiction were prison and death.

This is where Addiction Treatment Services came in. As my 14th and final treatment center, ATS showed me what it meant to be an active participant in my own recovery. Taking me in at my lowest point, the incredible therapists and staff taught me so much and for the first time since I began using drugs, I had a life worth living. I was finally on a strong recovery program to help me stay on this new path I found to sustain recovery and clean time.

After committing to my sobriety, ATS took a chance and hired me in 2022. This was the first time in nearly 10 years I had a job that was allowing me to use my degree. I now have a career where I am encouraged to advance through trainings and I get to share the gift of recovery with others every day, like it was so freely shared with me.

All the things that I have in my life that I didn't have when I was in active addiction — a loving partner, being reunited with my son, having a relationship with my parents, getting to be a productive member of society— I owe to Addiction Treatment Services for helping me find my path.

At every level of the organization, from the executive team to recovery navigators, ATS puts the care of clients and their well-being first. Also at every level, there are team members on their own recovery paths who understand exactly what clients are going through and can provide individualized care and situational understanding better than anyone else. This makes our team experts on helping each client find a recovery path that works for them. The exposure to these multiple pathways and levels of care for clients through detox, residential treatment, recovery housing and outpatient care right in Grand Traverse County, creates an unmatched experience and is what sets ATS apart from other organizations.

Personally, and professionally, I am constantly working on myself to be the best person, employee, partner and father I can possibly be. Addiction Treatment Services means everything to me and I look forward to coming to work and making a difference daily.

LIVING IN RECOVERY
WORKING IN RECOVERY

“I now have a career where I am encouraged to advance through trainings and I get to share the gift of recovery with others every day, like it was so freely shared with me.”

CHRIS HINSBAUGH

In 2022, Addiction Treatment Services launched the prestigious **CHRIS HINDBAUGH HOPE HAPPENS HERE AWARD** to honor individuals who **embody unwavering dedication to ATS’s mission**, as envisioned by its esteemed, previous CEO, Chris Hindbaugh.

In that inaugural year, the honor was bestowed upon **Chief Clinical Officer, SUSAN CONNOR-HERRERA**, whose time at ATS since 2016 has been marked by **profound compassion and steadfast support for team members and clients alike**. Susan’s tireless efforts were instrumental in navigating the agency through the challenges of the COVID-19 pandemic, while simultaneously fostering a culture of inclusivity and mutual support.

SUSAN CONNOR-HERRERA
Chief Clinical Officer



NANCY DOW
Family Support Coordinator

In 2023, **NANCY DOW** was the deserving recipient of the Chris Hindbaugh Hope Happens Here Award. As the Family Support Coordinator at ATS, **Nancy’s compassionate outreach to families affected by substance use disorder has left a lasting mark**. Nancy’s pivotal role in creating and implementing the transformative **Family Road to Recovery** program in 2021 underscores her commitment to ATS’s mission. Her dedication is further magnified by the deeply personal significance of her work, as **she channels her passion in memory of her beloved daughter, Dana**.

Each recipient of the Chris Hindbaugh Hope Happens Here Award **exemplifies the very essence of ATS’s mission, embodying a spirit of resilience, compassion and unwavering commitment to healing**. Through their exemplary contributions, Susan and Nancy have not only enriched the fabric of ATS but have also become beacons of hope and inspiration for all those touched by addiction. Their stories serve as a poignant reminder that, indeed, **HOPE HAPPENS HERE**.

OUR FACILITIES

We pair clinical treatment with community support to provide clients with the strength to overcome addiction. Whether being cared for during detox or gathering with peers who understand, ATS offers clients a place to turn when they need it most. All of our facilities are staffed by compassionate and qualified individuals whose common focus on hope helps our clients thrive.

The P.I.E.R. Withdrawal Management	Health Clinic		
Assisting those wishing to medically detox from alcohol and/or opiates, as well as coordination of care to recovery services.	Medical Care, Medication Assisted Treatment (MAT), Psychiatry, Case Management, Peer Coaches and Specialty Referrals.		
Dakoske Hall	Phoenix Hall		
This is a four-week men’s residential program focusing on treating the whole person, including physical, mental, emotional and social health. Clients are provided with individual therapy, group therapy, relapse prevention, life skills and medical assistance.	Our women’s residential program provides safe and caring support for our female clients including pregnant women and women with children who are struggling with substance abuse. Here they discover a path to recovery through emotional management and relationship building.		
Recovery Housing			
Transitional housing options for men and women in the city of Traverse City. Participation in ATS outpatient services is required.			
The P.O.R.C.H.			
A vibrant gathering place created to strengthen community health, clients engage in all-inclusive peer support, real time resources, and social activities that reflect all pathways to recovery.			
Intensive Outpatient Programming	Outpatient Therapy Services	Family Road to Recovery	Coping with Anger
Telehealth services for groups and individual sessions with a therapist. Not limited to ATS clients.	Individual substance use and occurring mental health therapy sessions (telehealth and in-person). Not limited to ATS clients.	Bi-weekly telehealth and in-person group to educate family members of those facing Substance Use Disorder. Individual meetings with a Family Support Specialist are offered.	A 12-week telehealth group for men and women to address coping mechanisms for anger.

OUR DONORS

We are in a fortunate position to not have to rely on typical fundraising efforts to keep our doors open. Thanks to federal grants and income from our fee-for-service model, we are able to serve the needs of our community without the ongoing worry of funding.

Despite that fact, we continue to be humbled by the generosity of our community. All donations received go directly toward additional outreach efforts. These unsolicited donations provide us with the opportunity to make an even bigger difference in our community.

COLOR FOR HOPE	STOWE FAMILY	C. ULLERY- SMITH
GRAND TRAVERSE CASINO AND RESORT	T. WALSH	J. GRINER
COSGROVE FUND	E. JAEGER	S. MCELDOWNEY
OLD MISSION WOMEN'S GROUP	K. MCNEIL	PADNOS SCRAP
GRAND TRAVERSE PIE	R. CARROLL	CLASSES FAMILY
RECOVERY ROAD RIDERS	B. IMHOFF	D. SWAN
BILL MARSH	M. DAVIS	GRACE EPISCOPAL
ROTARY CHARITIES	G. WILLIAMS	E. LAPORTE
H. CLEMETSEN	J. CONNOR	D. LAGUIRE
S. POWERS	T. LACROIX-KELTY	J. ZACHMAN
G. HERTER	FERGUSON FAMILY	K. WELLER
M. ECKERMAN	LUTEY FAMILY	S. SILK
L. VEIGEL	G. HELGEMO	
	B. FARNER	

A COMMUNITY THAT CARES



OUR FINANCIALS

Profit & Loss

October 2022 through September 2023

REVENUES	Oct '22 Sept '23	Oct '21 Sept '22	\$ Change
Block Grant	657,705.01	403,956.00	253,749
4022-Fundraiser / Donations	24,318.83	726.25	23,593
Direct Public Grants	466,632.92	1,036,457.67	(569,825)
DOC/Courts	15,831.00	11,494.00	4,337
Insurance/Self Pay	374,876.11	369,418.46	5,458
Medicaid	3,983,569.74	2,948,997.20	1,034,573
Misc Income	70.00	0.00	70
Other Types of Revenue	29,821	20,876	8,944
Program Income	175	1,763	(1,588)
Total Revenues	5,552,999	4,793,689	759,310
EXPENSES			
Advertising/Marketing	45,652	5,283	40,369
Benefits	430,675	338,915	91,759
Interest Expense	41,309	31,970	9,339
Business Expenses	13,293	16,302	(3,010)
Contract Services	259,327	262,206	(2,878)
Facilities Maint. and Equipment	428,359	408,503	19,856
Operations	862,949	677,625	185,324
Payroll Expenses	3,329,993	2,740,580	589,413
Property & Liability Insurance	124,193	91,767	32,426
Property Tax Expense	0	271	(271)
Refunds	2,944	1,997	947
Travel and Meetings	24,445	21,067	3,377
Workers Comp Ins	17,195	21,407	(4,211)
Total Expenses	5,580,334	4,617,894	962,440
Net Income	(27,335)	175,795	(203,130)

2023 YEAR END





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**ADDICTION
TREATMENT
SERVICES** 
TRAVERSE CITY, MI