



**When you are admitted, please bring:**

- If you take medications a thirty (30) day supply is required. **For detox, seven (7) days is required.** Medications must be in their original container and not a weekly planner. If you do not have a thirty (30) day supply, a script, or refill on the bottle, we CANNOT admit you.
- If you are prescribed a narcotic, you must have a letter from your doctor acknowledging that they are aware you are in a treatment program. You may sign a release upon arrival, however, a call will be made to your doctor.
- Seven days worth of clothing. Short-term residential admits will be doing laundry once a week, and do not need laundry soap unless you have special allergies to soaps/scents. We ask that you do not bring any more than a week's worth since we have limited space in the rooms. All items should fit into one (1) bag.
- You may bring tank tops. Bring comfortable shoes and shower shoes, if desired. No revealing clothing. No clothing with obscenities or clothing advertising alcohol and/or drugs. Please bring seasonally appropriate clothing: i.e. winter coat or bathing suit in the summer.
- 1 - 2 bath towels and personal hygiene items: soap, shampoo, toothpaste/brush, razors, etc. If the product has alcohol as an ingredient, do not bring it. No aerosol cans. No scented perfumes, lotions, etc.
- Cigarettes, chew, tobacco, and vape products are allowed with some restrictions. We recommend a little more than you smoke daily.
- Reasonable amount of spending money, if desired, (cigarettes, pop machine, stamps) for residential clients only. **Detox clients will not be leaving the facility.**
- If you have income, proof of income is required in the form of paycheck stub, tax form(s), bank statement, or other forms that show income.
- Identification is required if available. For detox, please provide a list of phone numbers you may need as you will not have access to your phone.
- Radios, CD players, MP3 players exclusively in bedrooms with headphones are allowed with clinical permission only.

**DO NOT BRING:**

- Drugs, alcohol, or drug paraphernalia of any kind
- No photo or recording devices, or electronic devices with web-access capability
- No weapons
- No candy, pop, or junk food

